

## **Supporting parents of children with SEND**

**Educational Psychology Helpline 0161 276 0118 (Monday – Friday 1.00pm – 3.00pm)**

A helpline for parents/carers of children and young people with Special Educational Needs and Disabilities and for Early Help professionals within Manchester LA.

We can offer a problem-solving phone conversation relating to educating your child/young person at home and responding to issues relating to learning, behaviour, anxiety and mental health needs.

For example:

- are you feeling unsure how to teach your child learn at home?
- are you finding it difficult to teach what is expected?
- is it difficult to help your child stay calm or get them to co-operate?
- are you concerned that you don't have the right equipment or resources?

These are particularly difficult times for parents/carers of children and young people with special needs and disabilities. We are available to talk through difficulties you may be facing.