



**Manchester Local
Care Organisation**

Leading local care, improving
lives in Manchester, with you

The Health Visiting Service is a non-emergency service providing health education, advice and guidance. If your child needs a medical examination you should contact your GP

**Children's Community
Health Services**

Manchester Health Visiting Service

Improving the health of children and families in Manchester



Powered by:



Manchester Health Visiting Service

Improving the health of children and families in Manchester

Information for Parents and Carers

Manchester Health Visiting Service offers comprehensive advice and support to parents and carers of children from pre-birth to four and a half years.

What is a health visitor?

Health visitors are registered nurses or midwives with specialist additional qualifications in child, family and public health.

Their role is to offer information and support to families through the early years, from pregnancy and birth to primary school.

The health visiting service

Every family with a child under the age of four and a half has access to a health visitor and their team. The service is delivered through home visits, contact in the community and telephone calls as necessary.

The aim is to promote the health and well being of you and your family.

Healthy Child drop-in sessions for well babies and children are provided in various venues including Children's Centres, Health Centres and community buildings.

Health visitors work with other services such as GPs, midwives, school nurses and social workers.

Health visiting teams usually consist of health visitors, community staff nurses, community nursery nurses, early years outreach workers and team assistants.

All members of the team carry identification badges with photographs.

Our services include:

- Home visits to all newborn babies and families new to the area.
- Extra support.
- Healthy Child drop-in sessions.
- Health and development reviews at two months, nine months and two years.



We offer a range of advice and information on:

Children's health:

Feeding
Sleeping
Play and development
Immunisations
Minor ailments
Minor illnesses

Family health:

Parenting skills
Healthy eating
Sexual health
Contraception
Drugs and alcohol
Accident prevention

Emotional support:

Postnatal depression
Mental health
Bereavement
Domestic abuse
Disability

Meeting you

Before your baby is born you will receive support from the Midwifery Service, and from the Health Visiting Service between 28 and 36 weeks.

After the birth you will be contacted again by a health visitor who will make an appointment to visit you at home when your baby is between 10 and 14 days old.

During this visit you will be able to discuss the health and well being of your family and your child's developmental progress. The health visitor can provide advice, support and local information about drop-in sessions and services for children and families.

The Personal Child Health Record (or 'red book') is a record of your child's health and development, it is yours to keep. The health visitor will go through this with you on the first visit. Please remember to take the book with you to your child's health appointments.

The Health Visiting Service is available between 8.30 am and 4.30 pm Monday to Friday. This is a non-emergency service. If you are worried about your child's health you should contact your GP, www.choosewellmanchester.org.uk, visit an NHS Walk-In Centre, or dial 111. **In an emergency dial 999.**

We offer Healthy Child drop-in sessions at various locations across Manchester. If you would like further information about child health drop-in sessions please contact your local team below.

Further information about children's health can be found at: www.mft.nhs.uk/community/

The Health Visiting service is divided into six districts across Manchester:

		Switchboard	HV Team
Central East	Abbey Hey Clinic	(0161) 223 4193	(0161) 230 0356
	Levenshulme Health Centre	(0161) 861 2300	(0161) 861 2302
	Longsight Health Centre	(0161) 225 9274	(0161) 248 1223
Central West	Rusholme Health Centre	(0161) 861 2200	(0161) 861 2230
	Chorlton Health Centre	(0161) 861 8888	(0161) 860 2916
	Robert Darbshire Practice (Rusholme Health Centre)	(0161) 861 2200	(0161) 861 2235
North East	Cornerstone Centre	(0161) 230 2200	(0161) 230 2240
	Newton Heath Health Centre	(0161) 684 9696	(0161) 683 2536
	New Moston Team	(0161) 684 9696	(0161) 684 9264
North West	Harpurhey Health Centre	(0161) 861 2400	(0161) 861 2409
	Cheetham Primary Care Centre	(0161) 202 8750	(0161) 202 8751
	Charlestown Health Centre	(0161) 741 2000	(0161) 741 2019
	Plant Hill Clinic	(0161) 740 8004	(0161) 720 5975
South	Burnage Health Centre	(0161) 443 0600	(0161) 443 0610
	Chorlton Park Team	(0161) 945 3624	(0161) 215 2037
	Old Moat Children's Centre	(0161) 234 4711	(0161) 448 8677
Wythenshawe	Northenden Health Centre	(0161) 945 3624	(0161) 215 2030
	Baguley Clinic	(0161) 946 0802	(0161) 946 9275
	Forum Health	(0161) 490 7142	(0161) 435 3697
	Wythenshawe Offices, Stancliffe Road	(0161) 946 0065	(0161) 946 9436
	Homeless Families Health Visiting Team	(0161) 861 8888	(0161) 860 2935